

Indianapolis, June 1, '89.

J. D. Maxwell, M. D.,—

Dear Sir, I regret not to have met you at the appointed time very much and am told that you were gone but five minutes when I arrived.

I consulted Mr. Fleck in regard to your gymnasium and he told me that a general outfit of apparatus used in "turning schools" would be of most benefit and could be obtained at lowest prices.

What is wanted most in a gymnasium is regular & prompt class work and it is possible to introduce it in this instance.

In this class work the most

approved plan is 1st-drill.-
2nd. Freehand exercise (or with
wands, dumb-bells or indian clubs)
3rd. Apparatus exercises. Hh, Gaules.
(War-tug etc)

This plan is profitable for
health and does not tend to make
athletes out of members but by
this system total exertion and
"break-neck" exercises are avoided.
It also makes pulley weights
useless and these are very expen-
sive.

I have figured at what price
the following can be furnished
and set up by John Gloy of
Chicago.

2 horizontal Bars
1 Patent Ladder
Adjustable Spring
3 mattresses
1 climbing rope
3 Removable Climbing Poles
1 pair of Adjustable Rings.
3 doz. wands (wooden)
General assortment of iron wands.
3 dozen indian clubs
3 dozen wooden dumb-bells
Assortment of iron dumb-bells
1 set. Parallel Bars.
1 vaulting horse.
1 vaulting buck.
2 spring boards.
2 rope stands and rope for jumping
tug of war, etc.

The above outfit can be set up
in the gymnasium at \$200⁰⁰.

When you was at the Y.M.C.A.
I told you of my tour to Bloomington
at the Commencement Exercises but
illness and examinations have
set me back in my work and in
consequence I shall not come until
July.

Please let me know of your latest decisions on the question. If my presence should be needed in the matter let me know and I will come instantly. I am not bound by contract to the work I am now attending and if you think that am liable to get the position I shall take up a course of work this summer to prepare myself for it especially. Hoping to hear of you soon, I remain your obedient servant;

^{Grumman?}
Paul H. Grumman
58 Huron St.

Indianapolis.